

FRIENDS OF THE NATIONAL INSTITUTE OF NURSING RESEARCH  
*NIGHTINGALA 2013* - OCTOBER 16 - GRAND HYATT HOTEL - WASHINGTON, DC



NURSING:  
*THE HEART OF TEAM SCIENCE*



Enhancing Outcomes for Patients and Their Caregivers.™

It is a pleasure to welcome you to the 2013 NightinGala on behalf of my 7000 Hill-Rom colleagues around the world who work tirelessly every day to enhance outcomes for patients and their caregivers. This is my sixth year of involvement with the NightinGala and service on the FNINR Board.

It is an honor to provide support to the extraordinary work of nurse researchers as we transform healthcare delivery and enhance the health of our nation. Enjoy the evening and celebrate the difference that nurses make every day!

MELISSA A. FITZPATRICK, MSN, RN, FAAN  
*Vice President and Chief Clinical Officer, Hill-Rom*



## FRIENDS OF THE NATIONAL INSTITUTE OF NURSING RESEARCH

The Friends of the National Institute of Nursing Research (FNINR) is an independent, non-profit organization founded in 1993. FNINR's mission is to provide resources to support nursing research and advance the mission of the NINR. The Friends seek to support research-based nursing practice by educating nursing professionals and the public about the advances made through nursing research and its benefits to patients, families, the community and the delivery of health care.

Nurse researchers are grounded in clinical nursing practice and focused on the physical, mental, emotional and social needs of patients. They recognize how illness and the presence of health risk factors affect the overall well-being of individuals.

The health care community faces new challenges and opportunities to improve patient care each year. With the continuing leadership provided by NINR and the support of FNINR, nurse researchers will continue to contribute to the enhanced health and well-being of all Americans, especially in a time when cost-effectiveness and quality of care are equally championed by the public and the nation's decision makers.

## THE NATIONAL INSTITUTE OF NURSING RESEARCH

The National Institute of Nursing Research (NINR) was established as a Center at the National Institutes of Health (NIH) and as an Institute in 1993. This placement among the 27 Institutes and Centers within the NIH has added a new scientific perspective to enrich the nation's biomedical and behavioral research endeavors.

NINR's mission is to promote and improve the health of individuals, families, communities, and populations. The mission is accomplished through support of research in scientific areas such as chronic and acute diseases, health promotion and maintenance, symptom management, health disparities, caregiving, self-management, and the end of life. NINR also supports the training of new investigators who bring new ideas and help to further expand research programs. The ultimate goal of NINR's research is its dissemination into clinical practice and into the daily lives of individuals and families.

## A MESSAGE FROM THE FNINR PRESIDENT



**JANET L. LARSON**  
*PhD, RN, FAAN*

Welcome to the 2013 NightinGala, sponsored by the Friends of the National Institute of Nursing Research. Tonight is a celebration of nursing research and FNINR's 20th Anniversary!

We recognize the work of four outstanding nurse researchers – Dr. Karen Meneses for her work in cancer survivorship disparities; Dr. Barbara Riegel for her study of self-care of adults and chronic illness; Dr. Barbara Mark for her scholarship examining the organizational aspects of nursing and health care delivery; and Dr. Maria Katapodi for her research in the field of cancer prevention and public health genomics.

We are also here tonight to support and advocate for nursing research. The FNINR seeks to support research-based practice by educating all health care professionals, Congress, and other appointed and elected officials, and the public about advances made through nursing research and its benefits to patients, families, the community, and the delivery of quality health care. Tonight we will announce a new program to advance this work, the Ambassadors Program. The FNINR Ambassadors will be a group of committed individuals willing to serve as advocates of NINR. They will be chosen through an application and review process that is supervised by the Advocacy Committee of the FNINR Board. Selected Ambassadors will work to influence Congress and advocate for the goals and vision of NINR.

We are delighted to have as our keynote speaker Dr. Robert M. Kaplan, Director of the NIH Office of Behavioral and Social Sciences Research. His office is charged with stimulating behavioral and social sciences research throughout NIH and we look forward to his remarks.

Thank you for being here. And thank you for supporting nursing research.

## A MESSAGE FROM THE NINR DIRECTOR



***PATRICIA A. GRADY***

*PhD, RN, FAAN*

As the largest sector of the health care workforce, nurses will be key players in the continued advancement of health care, and in the science that supports it. Many of the research discoveries of the future will be accomplished by interdisciplinary research teams. Nurse scientists can be, and must be, leaders in the conduct of team science; and, given our history as integral members of health care teams, we are well poised to meet this challenge.

With the ongoing transformation of the U.S. health care system and the implementation of the Patient Protection and Affordable Care Act, nurse scientists and nursing research have become even more vital to efficient, effective, and evidence-based health care for all Americans. As we gather tonight for the 20th Anniversary NightinGala, it is important to reflect on how far nursing science has come in building the scientific foundation for clinical practice, improving quality of life for those with illness across the lifespan, and developing a thriving nurse scientist workforce at institutions across the nation. As the primary supporter of nursing research in the U.S., I am very proud of the contribution that NINR has made to these accomplishments.

As we reflect on the past year and imagine the future, we also need to recognize those across the research and policy spectrum who make the work we do possible. I want to thank the nurse scientists and NINR grantees for maintaining a commitment to science at a time of fiscal uncertainty and challenge. Thank you also to the leaders in the policy community for recognizing the critical importance of research in improving our nation's health. Finally, I want to thank the FNINR and the advocacy organizations across the U.S. for your continued support and work on behalf of the nursing science community. It is only through collaboration and mutual support that FNINR, policy makers, scientists, and NINR can achieve even greater public recognition of research that will build the evidence base for improved health and healthcare.

2013 NIGHTINGALA - OCTOBER 16, 2013

***NURSING: THE HEART OF TEAM SCIENCE***

WELCOME & OPENING REMARKS *by* FNINR PRESIDENT

Janet L. Larson, PhD, RN, FAAN

REMARKS *by* NINR DIRECTOR

Patricia A. Grady, PhD, RN, FAAN

- DINNER -

FNINR 2013 RECOGNITION

*Ada Sue Hinshaw Award - President's Award - Path-Paver Award - Protégé Award*

*Presented By:* Margaret M. Heitkemper, PhD, RN, FAAN  
Chair, Awards Committee

KEYNOTE ADDRESS

Robert M. Kaplan, PhD

Associate Director for Behavioral and Social Sciences  
Director of the Office of Behavioral and Social Sciences Research  
National Institutes of Health

CLOSING REMARKS

Janet L. Larson, PhD, RN, FAAN

## KEYNOTE SPEAKER BIOGRAPHY



**ROBERT M. KAPLAN**  
*PhD*

In February of 2011, **ROBERT M. KAPLAN, PHD**, joined the National Institutes of Health Office of the Director as Associate Director for Behavioral and Social Sciences and Director of the Office of Behavioral and Social Sciences Research.

Prior to working for government, Dr. Kaplan was Distinguished Professor of Health Services at UCLA and Distinguished Professor of Medicine at the UCLA David Geffen School of Medicine where he was Principal Investigator of the California Comparative Effectiveness and Outcomes Improvement Center. He led the UCLA/RAND Health Services Training Program and the UCLA/RAND CDC Prevention Research Center. He was Chair of the Department of Health Services from 2004 to 2009. From 1997 to 2004 he was Professor and Chair of the Department of Family and Preventive Medicine at the University of California, San Diego. He is a past president of several organizations, including the American Psychological Association Division of Health Psychology, Section J of the American Association for the Advancement of Science (Pacific), the International Society for Quality of Life Research, the Society for Behavioral Medicine, and the Academy of Behavioral Medicine Research. He is a past chair of the Behavioral Science Council of the American Thoracic Society.

Dr. Kaplan is a former Editor-in-Chief of two different academic journals: *Health Psychology* and the *Annals of Behavioral Medicine*. He is the author, co-author or editor of more than 18 books and over 500 articles or chapters. His work has been cited in more than 25,000 papers and the ISI includes him in the listing of the most cited authors in his field (defined as above the 99.5th percentile). In 2005 he was elected to the Institute of Medicine of the National Academies of Sciences.



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*The following schools and organizations have funded one or more tables in support of FNINR.*

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## 2013 FNINR AWARDS

### ADA SUE HINSHAW AWARD

*The Ada Sue Hinshaw Award is the preeminent award given by FNINR in honor of the first permanent Director of the National Institute of Nursing Research, acknowledging the substantive and sustained program of science that affords the recipient recognition as a prominent senior scientist.*

### PRESIDENT'S AWARD

*This year, the President's Award is given by FNINR to acknowledge a nurse scientist whose research has focused on chronic disease management and the impact of nursing in promoting self-care.*

### PATH-PAVER AWARD

*The NEW Path-Paver Award is given to a mid-to-late career nurse scientist who has achieved one or more breakthroughs in theory development, research methods, instruments, or subject matter that has paved the way for other scientists and who has influenced and mentored the next generation of nurse researchers.*

### PROTÉGÉ AWARD

*The NEW Protégé Award is given to an evolving nurse scientist who shows great promise in advancing science and who is within the first 10 years of completing either the PhD or Post-Doctoral study.*

## ADA SUE HINSHAW AWARD



***KAREN MENESES***  
***PhD, RN, FAAN***

***KAREN MENESES, PHD, RN, FAAN***, is a preeminent internationally known researcher in cancer survivorship disparities research with a prolific and sustained history of scientific contributions, methodological innovations, and evidence-driven translational programs that have improved the lives of cancer survivors.

Dr. Meneses' significant contributions to survivorship problems among underserved populations have been supported by continuous peer-reviewed funding for 25 years. The knowledge generated from her randomized clinical trial of patient-directed, nurse-led interventions, known as the Breast Cancer Education Intervention (BCEi), has been broadly disseminated and is a recognized model of cancer survivorship education. The BCEi trial developed and tested nurse-led interventions of psychoeducation and support to promote the transition from cancer patient to cancer survivor. Data from this trial provided evidence for the central role of the activated patient in cancer survivorship care planning. Based on the significant outcomes, the BCEi protocol was adopted for widespread professional and public dissemination by the Research Tested Interventions Programs (RTIPs) at the National Cancer Institute. The BCEi was also cited in a 2012 Cochrane Database Review of Systematic Research of psychosocial interventions to improve quality of life as the single study with nurse-led interventions that resulted in improvement in quality of life.

The BCEi led to population-based testing and comparative effectiveness evaluation of the interventions adapted for underserved older and rural breast cancer survivors in the Rural Breast Cancer Survivor Intervention (RBCS). Findings demonstrated that telephone-mediated interventions led to improvement in quality of life and cancer surveillance among the rurally underserved. In addition, results from the BCEi and the RBCS showed that the greatest disparity in access to cancer survivorship care occurs among those experiencing barriers to access, age, and language.

Currently, Dr. Meneses is Professor and Associate Dean for Research at the University of Alabama at Birmingham (UAB) School of Nursing. She has a concurrent appointment as Co-Leader of the Cancer Control and Population Sciences Program of the UAB Comprehensive Cancer Center. She also holds appointments as Senior Scientist at the UAB Center for Outcomes and Effectiveness Research, the UAB Center for Healthy Aging, and the UAB Center for Health Disparities Research with sustained leadership positions within these transdisciplinary research centers. In addition, Dr. Meneses served as Chair of the Mentoring Panel of the UAB Center for Clinical and Translational Sciences.

Dr. Meneses earned a BS in nursing from Georgetown University, an MS in nursing from Boston College, and a PhD from Boston College. She is a prolific scholar and presenter; and her research has been widely disseminated to improve the quality of life of cancer survivors. In recognition of her substantive and sustained program of science, and her national recognition as a prominent senior scientist, Dr. Meneses received a 2006 Presidential appointment to the National Cancer Advisory Board and a 2013 appointment to the Centers for Disease Control Advisory Board for Young Women with Breast Cancer.

## PRESIDENT'S AWARD



As a nationally and internationally recognized nurse scientist, **BARBARA J. RIEGEL, DNsc, RN, FAAN, FAHA**, has been studying the self-care of adults with chronic illness over the past 17 years. She has been consistently funded for this work through a variety of sources including the National Institutes of Health, the American Heart Association, and industry partners. She is a prolific author with more than 225 publications in clinical, research and interdisciplinary journals.

### **BARBARA J. RIEGEL** *DNsc, RN, FAAN, FAHA*

The focus of Dr. Riegel's work has been on adults with heart failure, the most common cardiac diagnosis in older adults, the primary cause of hospital admissions in the Medicare population, and the number one cause of death in the world as cited by the World Health Organization. Her interest in this field grew out of her early years as a clinical nurse researcher at Sharp HealthCare in San Diego, California, where she performed some of the seminal work in heart failure disease management. Since coming to the University of Pennsylvania in 2002, her research has evolved to an emphasis on the manner in which self-care contributes to disease management. She and her collaborators are known for their studies of the factors associated with better and worse self-care, the development of strategies for improving self-care, and for demonstrating the impact of self-care on clinical and economic outcomes.

The measurement of self-care has been essential to her efforts and she developed the Self-Care of Heart Failure Index (SCHFI), now in version 6.2, based on her situation-specific theory of heart failure self-care. The SCHFI enables patients, nurses and other healthcare providers, and researchers to measure self-care in persons with heart failure. This instrument is now used in more than 30 countries around the world and has had a major influence on stimulating research on this important topic. Recognizing that most U.S. adults over age 65 have multiple chronic conditions (MCC), defined as two or more chronic illnesses, her most recent work addresses self-care of chronic illness in general. Following publication of her middle-range theory of self-care of chronic illness, she developed the Self-Care of Chronic Illness Inventory (SC-CII), soon to be released. It is her hope that availability of a measure of self-care that is general and theory-based will stimulate research on the important issue of MCC.

Dr. Riegel is currently the Edith Clemmer Steinbright Professor in Gerontology at the University of Pennsylvania School of Nursing. Her academic career includes earning a BS in nursing from San Diego State University and an MN and DNsc from the University of California at Los Angeles.

For her tireless commitment to promoting the health of older adults, her generous mentoring of students and colleagues locally, across the nation and internationally, FNINR is pleased to recognize the evidence-based research contributions to chronic disease management and the impact of nursing in promoting self-care led by Dr. Barbara Riegel.

## PATH-PAVER AWARD



***BARBARA A. MARK***

*PhD, RN, FAAN*

Throughout her career, ***BARBARA A. MARK, PHD, RN, FAAN***, has consistently contributed to the science of nursing and health care via her scholarship examining the organizational aspects of nursing and health care delivery. When her research career began, she was one of the very few nursing scholars who asked the question, “What is it that makes health care organizations effective?” Since then, Dr. Mark has systematically set about answering this question by evaluating, testing, and developing theory that can be used by policy makers and health care administrators to improve the quality of care for patients in the acute care setting.

There have been two major emphases in Dr. Mark’s research program. The first, the Outcomes Research in Nursing Administration Project (ORNA), a multidisciplinary project funded by NINR, developed and tested a contingency model of organizational effectiveness to identify key contextual and structural variables that influence organizational outcomes and quality of patient care. This longitudinal project involved primary data collection from 160 U.S. acute care hospitals. Publications and presentations from the ORNA project have improved theoretical conceptualizations of quality, introduced statistical innovations to the nursing literature (auto-regressive latent trajectory modeling, multi-level structural equation modeling) and contributed to enhancing the conduct of complex, multi-site studies.

The second research emphasis is Dr. Mark’s series of AHRQ-funded multidisciplinary studies examining the organizational conditions under which nurse staffing affects quality of care and the types of patients for which nurse staffing is particularly important in assuring quality. Her team has also evaluated California’s minimum nurse staffing legislation and the findings have provided significant information for policy makers about the impact of the legislation on registered nurse wages, hospital financial performance, the provision of uncompensated care and quality of care.

Dr. Mark has also received sustained funding from NINR via an Institutional Research Training Grant (T32), “Research Training in Healthcare Quality and Patient Outcomes.” Numerous nursing and interdisciplinary pre-doctoral and post-doctoral fellows have been supported through this mechanism, and fellows have gone on to be extremely successful in receiving dissertation support, Robert Wood Johnson Nurse Faculty Scholarships, and both K-and R-level funding.

Dr. Mark holds the Sarah Frances Russell Distinguished Professorship in Nursing Systems, is a Senior Research Fellow at the Sheps Center for Health Services Research, and an Adjunct Professor in the Department of Health Policy and Management in the Gillings School of Global Public Health at UNC-Chapel Hill. She is core faculty on the Sheps Center’s AHRQ-funded T32 in Health Services Research. The quality of her mentoring was recognized by her receipt of a national 2010 Mentoring Award from the Interdisciplinary Research Group on Nursing Issues in AcademyHealth.



## PROTÉGÉ AWARD

The new FNINR Protégé Award is given to **MARIA C. KATAPODI, PHD, RN, FAAN**, a dynamic researcher in the field of cancer prevention, public health genomics, decision-making, and family care.

Dr. Katapodi is among a handful of scholars who pioneered nursing interventions for hereditary breast cancer risk. She has received competitive awards from several peer reviewed sources, including the Centers of Disease Control and Prevention, the Department of Defense, the National Cancer Institute, the Oncology Nursing Foundation, and the Robert Wood Johnson Foundation, totaling close to \$2 million.

Dr. Katapodi's career trajectory demonstrates increasing innovation and sophistication. In 2007 she received the Oncology Nursing Foundation Major Breast Cancer Research Award and showed that the family environment has a direct impact on decision making regarding genetic testing for breast cancer. In 2010 she received an award from the Robert Wood Johnson Foundation to develop a communication and decision support intervention for families with cancer-predisposing mutations. This intervention broadened the focus of care to include mutation carriers and high-risk family members and demonstrated the unique aspects of her scholarship.

In 2011 Dr. Katapodi expanded her expertise to the area of public health genomics and brought nursing to the forefront of state-wide intervention dissemination. She received an award from the Centers for Disease Control and Prevention, in order to identify and target high-risk families, who are in greatest need for cancer prevention interventions. She is testing the efficacy of two interventions aiming to improve use of cancer genetic services in families with a high suspicion of hereditary breast cancer. Data from the state of Michigan Cancer Registry are used to recruit a random sample of 3,000 young breast cancer survivors and their high-risk family members. Her innovative public health genomics approach can provide information and support to high-risk families throughout the country.

Dr. Katapodi has received prestigious awards, i.e., the Fulbright Foundation Award and her recent induction as a Fellow of the American Academy of Nursing, which reflect significant national and international notice and a strong reputation among her peers.

Dr. Katapodi was recently promoted to Associate Professor with tenure at the University of Michigan School of Nursing. Her academic career includes earning a BSN from the National and Kapodistrian University of Athens, Greece, and an MSN and PhD from the University of California San Francisco. She also completed training at the Summer Genetics Institute at the National Institutes of Health.

In summary, Dr. Katapodi has a strong commitment to advancing the nursing profession through multidisciplinary collaboration. FNINR is pleased to recognize her unique program of scholarship with the new 2013 FNINR Protégé Award.

**MARIA C. KATAPODI**  
*PhD, RN, FAAN*

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MOUNTAINS BEFORE THEM.  
OTHERS CLIMB THEM.**

**CONGRATULATIONS TO ALL OF THE  
DISTINGUISHED NURSE SCIENTISTS  
BEING HONORED AT TONIGHT'S GALA.**

**We are pleased to support Friends of the  
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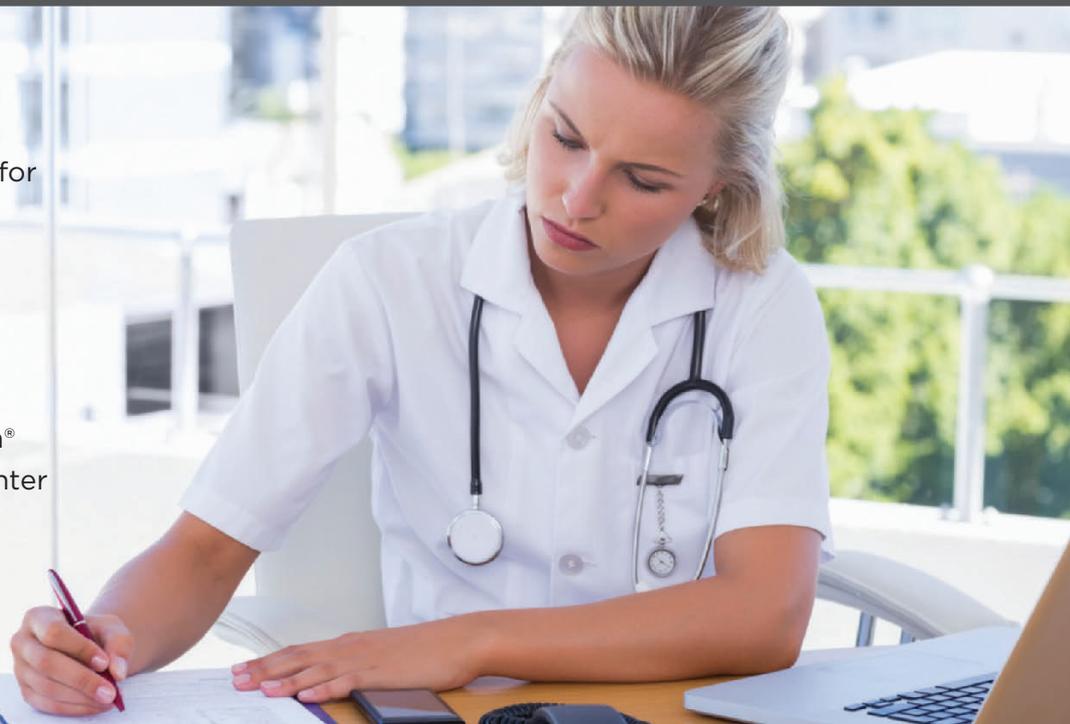
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# Advancing Nursing Science & Practice



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*47595 WATKINS ISLAND SQUARE  
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ph 703.444.5527 - fax 703.444.5597  
[www.fninr.org](http://www.fninr.org)*

