





Enhancing Outcomes for Patients and Their Caregivers.™

It is a pleasure to welcome you to the 2012 NightinGala on behalf of my 6500 Hill-Rom colleagues around the world who work tirelessly every day to enhance outcomes for patients and their caregivers. This is my fifth year of involvement with the NightinGala and service on the FNINR Board.

It is an honor to provide support to the extraordinary work of nurse researchers as we transform healthcare delivery and enhance the health of our nation. Enjoy the evening and celebrate the difference that nurses make every day!

Melissa A. Fitzpatrick, RN, MSN, FAAN Vice President and Chief Clinical Officer Hill-Rom

### FRIENDS of THE NATIONAL INSTITUTE of NURSING RESEARCH

The Friends of the National Institute of Nursing Research (FNINR) is an independent, non-profit organization founded in 1993. FNINR's mission is to provide resources to support nursing research and advance the mission of the NINR. The Friends seek to support research-based nursing practice by educating nursing professionals and the public about the advances made through nursing research and its benefits to patients, families, the community and the delivery of health care.

Nurse researchers are grounded in clinical nursing practice and focused on the physical, mental, emotional and social needs of patients. They recognize the illness and the presence of health risk factors affecting the overall well-being of individuals.

The health care community faces new challenges and opportunities to improve patient care each year. With the continuing leadership provided by NINR and the support of FNINR, nurse researchers will continue to contribute to the enhanced health and well-being of all Americans, especially in a time when cost-effectiveness and quality of care are equally championed by the public and the Nation's decision makers.

### NATIONAL INSTITUTE of NURSING RESEARCH

The National Institute of Nursing Research (NINR) was established as a Center at the National Institutes of Health (NIH) and as an Institute in 1993. This placement among the 27 Institutes and Centers within the NIH has added a new scientific perspective to enrich the Nation's biomedical and behavioral research endeavors.

NINR's mission is to promote and improve the health of individuals, families, communities, and populations. The mission is accomplished through support of research in scientific areas such as chronic and acute diseases, health promotion and maintenance, symptom management, health disparities, caregiving, self-management, and the end of life. NINR also supports the training of new investigators who bring new ideas and help to further expand research programs. The ultimate goal of NINR's research is its dissemination into clinical practice and into the daily lives of individuals and families.



### A MESSAGE FROM THE FNINR PRESIDENT

Welcome to the Friends of the National Institute of Nursing Research 2012 Nightingala. The theme of this year's gala, "Nursing Research: Navigating the Streams in an Inter-Professional World" has gathered more than 1,000 of the nation's most influential leaders and researchers in nursing and health care, government representatives and community and industry leaders. We come together to celebrate the NINR's 27 years of leadership supporting nursing research to advance nursing science and practice.

This year we are honored to welcome as our keynote speaker, Lieutenant General Patricia D. Horoho, The Surgeon General Commander, U.S. Army Medical Command. It is our privilege to salute someone who blends theory and practice through a lifetime of service and dedication to the nursing profession and to our nation.

All of us are here because we believe, as does the NINR's leadership, that nursing and nursing science have enhanced clinical practice, prevented illness and improved the lives of countless individuals. We are here because we believe in the theme of this year's event, "Navigating the Streams in an Inter-Professional World". Reflective of the inter-disciplinary foundation of nursing science, NINR funds research that draws together experts from diverse disciplines and professions. We are here to support and celebrate the largest healthcare workforce in the United States: nurses. Finally, we have come together because we know that our support of the NINR is ultimately the best way to ensure the dissemination of research into clinical practice for improving the daily lives of individuals and families.

As part of this celebration and acknowledgement of the importance of nursing science, let us congratulate the winners of this year's President's Award, Ada Sue Hinshaw Award and Pathfinder Award. We are indebted to you for your contributions to the fields of nursing and nursing science and to the development of new knowledge that has translated into improved healthcare for all patients across the lifespan.

On behalf of the Board, thank you all for your dedication, commitment and support of FNINR and nursing research. We look forward to an exciting program. Enjoy the evening.

NILDA PERAGALLO, PhD, RN, FAAN FNINR PRESIDENT

### A MESSAGE FROM THE NINR PRESIDENT

In the wake of the historic Supreme Court decision upholding nearly all the provisions of the Patient Protection and Affordable Care Act (P.L. 111-148), our Nation's health care system continues a transformation unmatched since the implementation of Medicare. As we move forward in this rapidly evolving landscape, the expertise, innovation, and leadership skills of nurse scientists, educators, and clinicians will be increasingly called upon to guide and shape health care practices and policies.

Nursing stands at the nexus of two critical drivers of change: a call for patient outcomes research and an emphasis on interprofessional collaboration. Both are seen as critical to improving the effectiveness of health care in the U.S., and both are areas of strength for nurse scientists. And as the Institute of Medicine notes, in settings where nurses collaborate with other health care providers, not only do patient outcomes and quality of care usually improve, but cost also frequently goes down.

NINR has a long tradition of reaching across disciplinary boundaries, working with colleagues both in the nursing community and from a wide variety of academic and professional fields. As the primary funder for nursing science in the U.S., NINR is a principal player in clinical research and research translation—and for both we work closely with our interprofessional collaborators to produce evidence that truly makes a difference in the health and health care of all Americans.

Tonight, as we envision a comprehensive, sustainable, and effective health care system, we wish to thank those who make our research possible—the nurse scientists who are leading the way on team-based efforts; our valued collaborators whose contributions help us address the most complex health issues facing our Nation; the individuals, families, and communities whose participation in research programs benefits us all; the policy leaders who fund our efforts and, just as importantly, consider our findings when developing public health measures; and the public service organizations like FNINR, whose support of nursing science is critical to achieving our mission.

To those who have joined us this evening, I want to express my gratitude for your commitment to the public we serve, and for your support of nursing science and NINR. Thanks in large part to your dedication, we are ideally positioned to maximize the coming opportunities to work together and so usher in a new era of improved health and health care for people throughout the U.S. and beyond.

PATRICIA A. GRADY, PhD, RN, FAAN DIRECTOR, NINR



### 2011 NIGHTINGALA - September 12, 2012

### Nursing Research: ADVANCING THE NATION'S HEALTHCARE

### AMERICA THE BEAUTIFUL

Sung by Todd Googins

### WELCOME & OPENING REMARKS by FNINR PRESIDENT

NILDA P. PERAGALLO, DRPH, RN, FAAN

### REMARKS BY NINR DIRECTOR

PATRICIA A. GRADY, PhD, RN, FAAN

### **FNINR 2011 RECOGNITION**

Pathfinder Distinguished Service Awards - Ada Sue Hinshaw Research Grant Award - President's Award

Presented By:

MICHAEL R. BLEICH, PhD, RN, FAAN

### **DINNER**

### **KEYNOTE ADDRESS**

LIEUTENANT GENERAL PATRICIA D. HOROHO, RN, MSN

The Surgeon General Commander

U.S. Army Medical Command

### **CLOSING REMARKS**

Nilda P. Peragallo, DrPH, RN, FAAN

### KEYNOTE SPEAKER BIOGRAPHY

Lieutenant General Patricia D. Horoho assumed command of the U.S. Army Medical Command on December 5, 2011, and was sworn in as the 43rd Army Surgeon General on December 7, 2011. Her previous positions include Deputy Surgeon General, Office of The Surgeon General, Falls Church, VA, from 2010 to 2011; 23rd Chief of the U.S. Army Nurse Corps, from 2008-2011; Commander, Western Regional Medical Command, Fort Lewis, Washington, from 2008 to 2010; Commander, Madigan Army Medical Center, Tacoma, Washington, from 2008 to 2009; Commander, Walter Reed Health Care System, Washington D.C., from 2007 to 2008; and Commander, DeWitt Health Care Network, Fort Belvoir, Virginia, from 2004 to 2006.

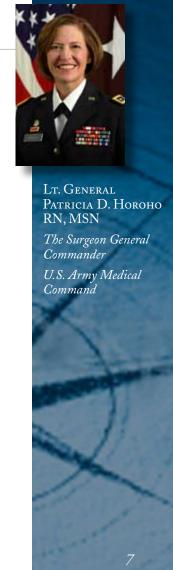
Lieutenant General Horoho earned her Bachelor of Science in Nursing degree from the University of North Carolina at Chapel Hill in 1982. She received her Master of Science degree as a Clinical Trauma Nurse Specialist from the University of Pittsburgh. She is a resident graduate of the Army's Command and General Staff College and the Industrial College of the Armed Forces, where she earned a second Master of Science degree in National Resource Strategy.

Other military assignments include Staff Nurse on a multi-service specialty ward, Staff and Head Nurse of a Level III emergency department, Evans Army Community Hospital, Fort Carson, Colorado; Nurse Counselor, 1st Recruiting Brigade (Northeast) with duty at Harrisburg and Pittsburgh Recruiting Battalions; Head Nurse of a 22-bed emergency department, Womack Army Medical Center, Fort Bragg, North Carolina; Chief Nurse and Hospital Commander of a 500-bed field hospital, 249th General Hospital, Fort Gordon, Georgia; Assistant Branch Chief, Army Nurse Corps Branch, United States Total Army Personnel Command, Alexandria, Virginia; Assistant Deputy for Healthcare Management Policy in the Office of the Assistant Secretary of the Army (Manpower and Reserve Affairs), Pentagon, Washington, D.C.; Deputy Commander for Nursing and Commander of the DeWitt Health Care Network, Fort Belvoir, Virginia; and Deputy Commander for Nursing, Walter Reed Army Medical Center and North Atlantic Regional Medical Command, Washington, D.C. In 2011, Lieutenant General Horoho deployed with I Corps, as the Special Assistant to the Commander, International Security Assistance Force Joint Command, Kabul, Afghanistan.

Recognitions include being selected in 1993 by "The Great 100" as one of the top one hundred nurses in the State of North Carolina. In the same year, she was also selected as Fort Bragg's Supervisor of the Year. She deployed to Haiti with the Army's first Health Facility Assessment Team. In 1998, she co-authored a chapter on training field hospitals that was published by the U.S. Army Reserve Command Surgeon.

Lieutenant General Horoho was honored on December 3, 2001, by Time Life Publications for her actions at the Pentagon on September 11, 2001. On September 14, 2002, she was among 15 nurses selected by the American Red Cross and Nursing Spectrum to receive national recognition as a "Nurse Hero." In 2007, she was honored as a University of Pittsburgh Legacy Laureate. In April 2009, she was selected as the USO's "Woman of the Year," and in May 2009, she became an affiliate faculty with Pacific Lutheran University School of Nursing, Tacoma, Washington. In May 2010, the Uniformed Services University of Health Sciences appointed her as Distinguished Professor in the Graduate School of Nursing. In 2011, University of North Carolina School of Nursing selected her as the Alumna of the Year.

Lieutenant General Horoho's awards and decorations include the Distinguished Service Medal, Legion of Merit (2 OLC), the Bronze Star Medal, Meritorious Service Medal (6 OLC), Army Commendation Medal (3 OLC), Army Achievement Medal (1 OLC), Armed Forces Expeditionary Medal, Afghanistan Campaign Medal and various service and unit awards. She served as the Head Nurse of Womack's Emergency Department when the hospital was awarded the Superior Unit Citation during the Pope AFB Crash in 1994. She is also authorized to wear the DA Staff Badge and is the recipient of the Order of Military Medical Merit Medallion.





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# DEBORAH Koniak-Griffin EDD, RNC, FAAN 10

### PATHFINDER DISTINGUISHED SERVICE AWARDS

The Pathfinder Distinguished Service Award is given by FNINR to acknowledge nurse researchers whose work has focused on advancing deep understanding of human health and health care, and has been sustained by multiple grants from NINR/NCNR. In 2011, FNINR recognizes two nurse researchers whose body of scholarship illustrates long-standing commitment to nursing.

Dr. Deborah Koniak-Griffin is an international expert in women's health, having received four NIH RO1s and two P30 grant awards to establish the Center for Vulnerable Populations Research. Since the Center's inception, over 100 pre- and post-doctoral student have been trained in community participatory-based research. As a result of her research trajectory, Dr. Koniak-Griffin has transformed the models of nursing interventions for adolescent teens to reduce rates of teen pregnancy, decrease the incidence of sexually transmitted diseases, and improve teen pregnancy outcomes in this country. Her work focuses on vulnerable populations of ethnic/racial minority adolescents, and employs unique community-based participatory research methods to maximize the utility and effectiveness of her interventions. The curricula developed and evaluated through her research has been adopted for use by the Department of Health and Human Services (DHHS), supported by Maternal, Infant, and Early Childhood Home Visiting Program of the Patient Protection and Affordable Care Act, and are cited by the Centers for Disease Control (CDC) as among the few evidence-based intervention for use in this vulnerable population.

Three interventional curricula have been the focus of her studies. The first, Be Proud! Be Responsible! Be Protective! helps minority adolescents make choices that reduce their risk for HIV, STDs and teen pregnancy. Endorsed by the CDC, outcomes include decreased risky sexual behavior, fewer sex partners, fewer days not using condoms, and decreased likelihood to engage in anal sex. The second is the Early Intervention Program for Adolescent Mothers, which improves the health of pregnant adolescents through promoting positive maternal behaviors. The third is Respecting and Protecting our Relationships aimed at teen fathers to address their developmental needs, parenting skills, sexual health and support networks. These curricula are grounded in culturally rooted concepts and indigenous values of the Chicano, Latino, Hispanics and Native American peoples.

Dr. Koniak-Griffin holds a professorship and the Audrienne H. Moseley Endowed Chair in Women's Health Research at the UCLA School of Nursing. She holds a BSN from Columbia University School of Nursing in New York, an MSN in Maternity Nursing from the University of Pennsylvania School of Nursing, and an EdD from the Teachers College at Columbia University, in addition to holding a nurse practitioner certificate. She is a prolific scholar and presenter, and is the first nurse to serve as a Core Director for UCLA's NIH Clinical and Translational Science Institute.

### PATHFINDER DISTINGUISHED SERVICE AWARDS

From her early career passion to help children and youth manage chronic illness in ways that would not only improve their physiologic status but also their psychosocial state, Dr. Margaret Grey is a distinguished clinical scientist who has practiced as a nurse practitioner, educator and mentor to numerous nursing and interprofessional scholars, and has been a leader in nursing research for over 35 years. Since 1989 Dr. Grey has been the principal investigator on NIH grants totaling over \$18 million and the findings from those studies have changed practice.

Dr. Grey has made significant contributions to clinical practice and patient outcomes through her development, rigorous testing, and dissemination of Coping Skills Training, an approach to help children, adolescents, and adults better manage their chronic health conditions. Her meticulous program of research began with descriptive studies where she noted the natural history of adaptation to chronic illness in childhood, with a special focus on children with Type I Diabetes. Building on this study, which demonstrated the primary role of coping skills in determining clinical outcomes, Dr. Grey's research trajectory advanced to developing and testing a behavioral intervention (coping skills training) to improve both metabolic control of diabetes and quality of life in young people and their parents. With the advent of the childhood obesity epidemic, this intervention model has been expanded to address the prevention of childhood obesity and Type 2 Diabetes in high risk youth.

Dr. Grey paved the way for behavioral management to become inclusive in the standard of care for children and adolescents as they learned to manage their daily self care routines following diagnosis. Based on her early research which uncovered significant emotional components for children and teens living with diabetes (specifically, depression), she adapted approaches used in the field of psychology, to shape a unique approach to clinical care management.

Dr. Grey has also been a pathfinder in the development of practice-based research networks in nursing as an approach to the dissemination and translation of research findings into practice. A prolific scholar, speaker, and expert used in mass media, her research was selected by the NINR as one of the 10 most influential research trajectories in their 20 year history. She has received the Outstanding Nurse Scientist Award from the Council for the Advancement of Nursing Science and has been inducted into the Institute of Medicine.

Dr. Grey is the Dean and Annie Goodrich Professor at Yale University School of Nursing. She also serves as the T3 Translational Research Core Director for the Yale Center for Clinical Investigation. Her academic path includes an earned BSN from the University of Pittsburgh, MSN from Yale University in the pediatric nurse practitioner program, a DrPH with a concentration in sociomedical sciences from Columbia University in New York and an MA (Honoris Causa) from the University of Pennsylvania.

For their pathfinding abilities as leaders and scholars in research, FNINR proudly recognizes Drs. Koniak-Griffin and Grey.





### The ADA SUE HINSHAW RESEARCH GRANT

The Ada Sue Hinshaw Research Grant is funded by FNINR in honor of Ada Sue Hinshaw, PhD, RN, FAAN, the first permanent Director of the National Institute of Nursing Research. This award is an unrestricted grant to support the work of a promising and accomplished nurse researcher. The Ada Sue Hinshaw Research Grant focuses attention on the significance of nursing research and the contributions made by nurse scientists that improve health care.

Jerilyn K. Allen Sc.D, RN, FAAN, is the M. Adelaide Nutting Professor at the Johns Hopkins University School of Nursing, and has also served as the School's Associate Dean for Research since 2002. Dr. Allen holds concurrent appointments as a Senior Faculty Research Fellow in the Urban Health Institute and the Bloomberg School of Public Health in the Department of Health, Behavior and Society (also at Johns Hopkins University) and, in 2009, was visiting professor for the Institute of Nursing Science at the University of Basel in Basel, Switzerland.

Dr. Allen is one of our country's leading cardiovascular nurse researchers whose contributions are heralded for their breadth and depth, spanning research, scholarship, and mentorship in cardiovascular health, disease management, prevention and the promotion of evidence-based practice. Her science has led to new knowledge about cardiovascular risk factors, recovery and lifestyle modification in persons with cardiovascular disease (CVD). Disseminated across health disciplines, the knowledge generated from her community-based participatory randomized clinical trial – known as COACH (Community Outreach and Cardiovascular Health) – has led to actual systemic changes in health care delivery. This trial developed and tested a nurse case management model to treat hyperlipidemia and offered a cardiovascular disease risk reduction program delivered by nurse practitioner/community health workers teams to improve lipids, blood pressure, glycated hemoglobin, and identified patients' perceptions of the quality of their chronic illness care in urban community health centers. The positive results of this trial support the advancement of nurse-led patient-centered medical homes with the potential to improve the quality of care in high risk underserved populations, notably in federally-qualified health centers nationally. Further, the population strategies tested by Dr. Allen are influencing efficacious interventions into other populations of highest risk – including individuals with multiple chronic diseases, disability, and mortality.

The academic background of Dr. Allen includes a diploma from Presbyterian University Hospital in Pittsburgh; a B.S. from Pennsylvania State University, an M.S. from the University of Maryland and the Sc.D. from The Johns Hopkins University, School of Hygiene and Public Health.

Dr. Allen has been continuously funded by the NIH, CDC, and AHA since 1986. She is the recipient of the Katharine Lembright Award, the highest award given by the American Heart Association in recognition of outstanding research and leadership in cardiovascular nursing. The rapid uptake of her research and its interdisciplinary nature has balanced innovation with pragmatic solutions to persons at risk for cardiovascular disease. Dr. Allen's work was featured in an editorial, "interventions for Modern Times: Complex, Collaborative, and Culturally Appropriate" authored by Patricia Davidson and Peter MacDonald in Circulation: Cardiovascular Quality and Outcomes – one of the American Heart Association's top internationally recognized journals which declares:

"Allen and colleagues have addressed several factors that are critical to improving health outcomes and CVD; the need to consider new health workforce models; the value of treating to targets; the necessity for tailoring and targeting behavior change approaches; investing in partnerships between academic medical and community health systems; and the need to consider cultural appropriateness."

FNINR is very proud to award Dr. Allen with the Ada Sue Hinshaw Research Grant.

### The PRESIDENT'S AWARD

This year, the President's Award is given by FNINR to acknowledge a nurse researcher whose work has focused on advancing deep understanding of health behavior intervention and whose body of scholarship illustrates long-standing commitment to nursing research.

As a nationally and internationally recognized nurse scientist, Dr. Mary Naylor has been consistently extramurally funded for her research since 1989 through numerous peer reviewed sources, including the National Institute on Aging, the National Institute for Nursing Research, and the National Cancer Institute in conjunction with the Commonwealth Fund as well as several foundations such as the Hillman Foundation and the Robert Wood Johnson Foundation. She is a prolific author with numerous publications in clinical, research and policy journals.

Because of the consistently successful outcomes from her gerontological research program that examined both quality and economic indicators, Dr. Naylor's research has been the focus of conversations at several national policy groups: e.g., MedPAC and The Centers for Medicare and Medicaid Services. She has testified for these groups as well as several Congressional Committees on the results of her investigations. The American Association of Retired Persons (AARP) introduced legislation to the U.S. Congress to have transitional care be reimbursed for older adults. In the 2010 Presidential Budget cited under "Financing Health Care Reform", improving care after hospitalization and reducing readmissions as an important strategy. Currently, this model and intervention is written into the policy positions in the Patient Protection and Affordable Care Act. The Naylor Transitional Care Model has reduced costs of care for vulnerable seniors in community-based health care by facilitating patients' transitions within and across health settings and it breaks the cycle of acute flare-ups of chronic illnesses. Her team's work directly addresses the most threatening health care problems facing our country – the rapidly growing number of chronically ill patients and their disproportionate rate of health care expenditures.

Dr. Naylor is currently the Marian S. Ware Professor in Gerontology at the University of Pennsylvania School of Nursing. Her academic career includes earning the BSN from Villanova University and the MSN and PhD from the University of Pennsylvania.

For her tireless advocacy in the care of older adults, generous capacity to mentor and teach, serve on major boards and advisory groups, and the endless trips to the Hill to offer testimony, in addition to serving on and representing nursing in professional and scientific societies such as the Institute of Medicine, FNINR is pleased to recognize the evidence-based research contributions to social policy led by Dr. Mary Naylor.



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Susan W. Salmond, EdD, RN Professor and Dean

Is pleased to announce the appointment of
Margaret Wolan Sullivan, PhD
Professor and Associate Dean for Research



Formerly associate director of the Institute for the Study of Child Development at UMDNJ-Robert Wood Johnson Medical School, Dr. Sullivan has a distinguished record of administrative leadership, practice and NIH-funded research. Current and recent studies, supported by the National Institute for Mental Health, are:

Emotions and risk for psychopathology in infants and young children, (principal investigator); and

Maltreated children's emotions and self-beliefs: A longitudinal study (co-director with M. Lewis).

She earned her PhD from Rutgers, The State University of New Jersey, New Brunswick, and her BA from Kean College, Union, NJ.

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